

MEAL PROGRAM GUIDELINES

Thank you for your interest in providing a meal for families at Ronald McDonald House! Having a child in the hospital can be difficult for any family. When you provide, prepare, and serve a meal for our families, not only are you providing a wonderful, home-cooked meal for them to enjoy, but you are relieving them of one less worry in their already stressful day.

For more information or to schedule your meal, please visit www.charlestonrmhc.org/get-involved/meals/

All food preparation and cooking must be done on RMHC property or in a commercially licensed kitchen in order for us to comply with health and safety regulations. Fresh fruit and vegetables are always welcome. Store bought items must be in original, unopened packaging.

YOUR VOLUNTEER GROUP

Since meal groups share kitchen space with families, we suggest that meal groups are no larger than 8-10 volunteers. If your group is larger than the recommended size, please contact Stacy at 304-346-0279 prior to scheduling.

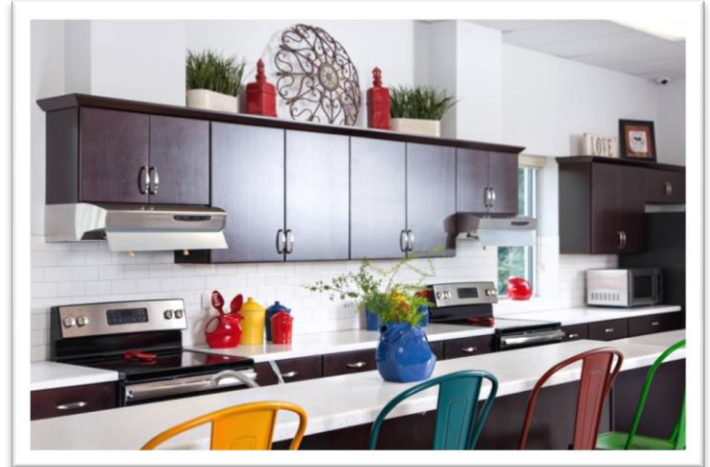
Volunteers under the age of 18 must have an adult supervisor present at all times. The adult supervisor should be the only person to sign up the youth/teen group. All participants will be required to sign a liability waiver. If the volunteer is under the age of 18, a parent or legal guardian must sign. For the welfare of the families, individuals suffering from a cold or contagious illness should not volunteer at the House.

NUMBER OF SERVINGS TO PREPARE

The number of guests that attend meals varies. We recommend contacting the House the day prior to your scheduled date to get an estimate of how many guests to plan for.

MEAL SERVICE TIMES

For breakfast, you may arrive at 9:00 am to begin preparations. Lunch should be ready to be served by 12:00 pm and dinner by 6:00 pm. If you would like to take a tour of the House prior to beginning preparations, please let us know in advance so we can make arrangements.



WHAT TO BRING

Please bring all the ingredients that your meal will require. This includes condiments, seasonings, toppings, etc. Before opening your condiments please check our House pantry and refrigerator for any open condiments and/or anything you would like to add to your meal. If you would like to provide beverages or dessert, you are welcome to do so.

WHAT TO EXPECT

Parking is limited at the House, so if you have a large group, please consider car-pooling. Spaces are available on the side of the House, closest to the hospital. If this is your first time preparing a meal at the House, all volunteers in your group will need to complete a liability waiver prior to beginning. A staff member or House Volunteer will show your group to the kitchen.

We ask that you clean up after yourselves once you are finished preparing your meal, washing and putting away any dishes that have been used. It's also greatly appreciated if the meal program volunteers bring storage containers to transfer leftovers, labeling the container with the date.

Prior to leaving, we ask that all volunteers record their service hours in the Volunteer Hours binder located at the front desk.